

Tracking Sheet: Use a tracking sheet to write where and for what money is spent. Write down *all* cash spent by the category in which it is spent. (When using a check, write in your checkbook or record in your banking software how money was spent.) Keep your tracking sheet at home, in your car, or in your wallet – keep it where you will use it. It may be easier to use it daily than to try to remember what to write later. Pick your dates and get started!

_____ to _____

\$	\$	\$	\$	\$	\$	\$
\$	\$	\$	\$	\$	\$	\$
\$	\$	\$	\$	\$	\$	\$

Example:

Food	Dine Out	Snacks	Toiletries	Gas	Allowance	Clothes
\$	\$	\$	\$	\$	\$	\$
24.58	13.63	1.50	9.52	8.00	3.00	12.19
93.45	16.28	2.99	15.00	13.00	5.00	26.50
<u>15.93</u>	<u>23.15</u>	<u>.75</u>	<u>4.34</u>	<u>6.75</u>	<u>6.00</u>	<u>34.65</u>
133.96	53.06	5.24	28.86	27.75	14.00	73.34